## FITNESSGRAM® ACTIVITYGRAM®

## **Activity Log Report**

04/07/2009

FG 8 Demo District Unassigned School

Student name: Jenice Tiller

Class name: Fitness

Date range covered by this report: 04/01/2009 - 04/30/2009

Your total lifetime minutes: 1,760 Your daily step goal: 10,000 Your daily minutes goal: 120 Your daily average of minutes in this date range: 58 The top number for each day is the number of steps taken,

the bottom number is the minutes of activity.

A checkmark in the calendar indicates that you met your daily

goal for that day.

## April 2009

|    |    |        | 7 (p = 000 |    |  |       |
|----|----|--------|------------|----|--|-------|
| S  | М  | Т      | W          | Т  | F  | S     |
|    |    |        | 1          | 2  | 3  | 4     |
|    |    |        |            |    |  | 1     |
|    |    |        | 30         | 20 | 20   | 30    |
| 5  | 6  | 7      | 8          | 9  | 10   | 11    |
|    |    |        |            |    |  |       |
| 20 | 20 | 180 🗸  | 30         | 30 | 60   | 120 🗸 |
| 12 | 13 | 14     | 15         | 16 | 17   | 18    |
|    |    |        |            |    |  |       |
| 20 | 20 | 180 🗸  | 30         | 30 | 60   | 120 🗸 |
| 19 | 20 | 21     | 22         | 23 | 24   | 25    |
|    |    |        |            |    | Constitution of the Consti |       |
| 20 | 20 | 180 🗸  | 30         | 30 | 60   | 120 🗸 |
| 26 | 27 | 28     | 29         | 30 |  |       |
|    |    | A SAME |            |    |  |       |
| 20 | 20 | 180 🗸  | 30         | 30 |  |       |
|    |    |        |            |    |  |       |
|    |    |        |            |    |  |       |
|    |    |        |            |    |  |       |
|    |    |        |            |    |  |       |