

DATA SUMMARY

Name: Darla Harvey
ID: 000064329

Report Date: 04/01/08

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DEMOGRAPHICS

Age (Years): 19
Group:

BIOMETRICS

Height (in): 66
Weight (lbs): 137
Blood Pressure (mm/HG): 106/47
Body Mass Index (BMI): 22.1

HEALTH RISK APPRAISAL

Heart Disease: Low
Lung Cancer: Low
Colon Cancer: Low
Skin Cancer: Potential
Breast Cancer: Low
Cervical Cancer: Low
Diabetes: Low
Stress: Low
Depression: Low
Nutrition: Good
Prevention: Average
Safety: Good
Youth Alcohol: Moderate
Youth Drugs: Low
Youth Nutrition: Good
Youth Body Weight: **Fair**
Youth Physical Activity: Fair to Good
Youth Safety: Moderate
Youth Sexual Activity: Moderate
Youth Suicide: Low
Youth Tobacco: Low
Youth Violence: Low
FitSmart Form 1: Better

CARDIOVASCULAR

Non-Exercise VO2 (Max VO2): 42.0

BODY COMPOSITION

Direct Value: 22.1%
Lean Body Mass : 107 lbs