Activity Log Report

03/25/2008

FITNESSGRAM® ACTIVITYGRAM®

FG 8 Demo District Unassigned School

Student name: Jessica Ricotta Class name: Physical Education Class Date range covered by this report: 03/01/2008 - 03/31/2008

Your total lifetime minutes: 2,085 Your daily step goal: 10,000 Your daily minutes goal: 90 Your daily average of minutes in this date range: 67 The top number for each day is the number of steps taken, the bottom number is the minutes of activity. A checkmark in the calendar indicates that you met your daily goal for that day.

			March 2008			
S	М	т	W	т	F	s
3	IVI		•••	-	F	1
						60
2	3	4	5	6	7	8
40	60	60	90 🗸	90 🗸	60	30
9	10	11	12	13	14	15
30	60	60	90 🗸	45	90 🗸	90 🗸
16	17	18	19	20	21	22
30	120 🗸	60	90 🗸	60	120 🗸	60
23	24	25	26	27	28	29
		a series				
90 🗸	20	60	120 🗸	60	30	60
30	31					
30	120 🗸					

