

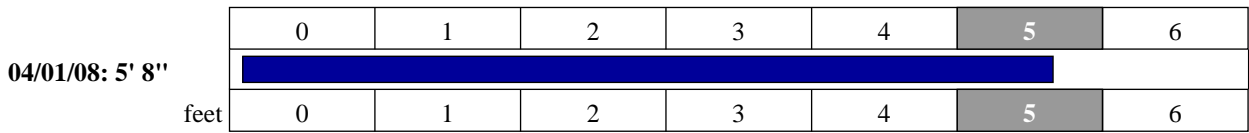
GRAPHICAL SUMMARY

Name: Stephanie Smith
 ID: 000071289
 Test Date: 04/01/08

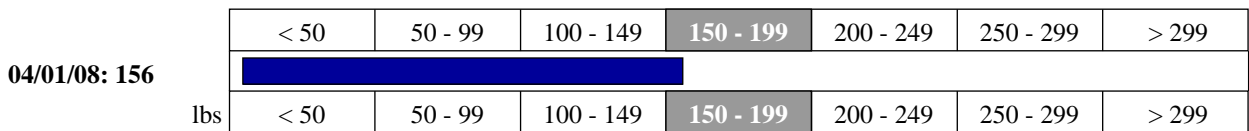
Teacher:
 Period:
 Age: 18

Report Date: 04/01/08

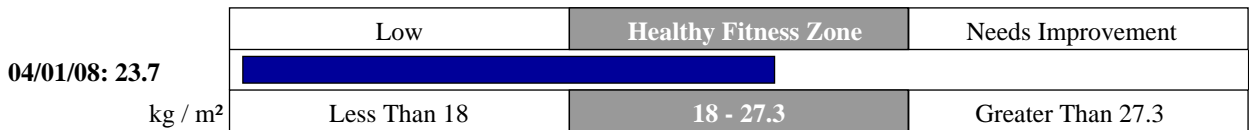
BIOMETRICS - Height



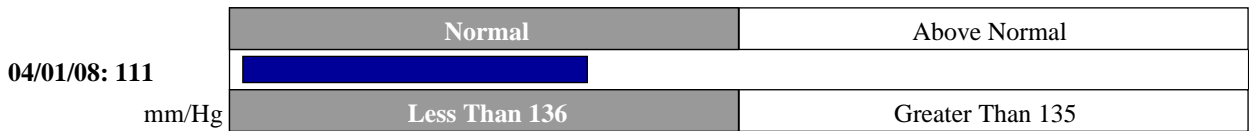
BIOMETRICS - Weight



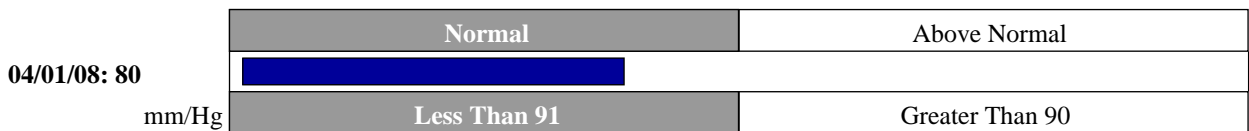
BIOMETRICS - Body Mass Index



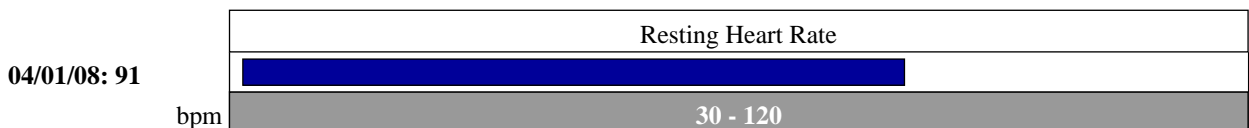
BLOOD PRESSURE - Systolic



BLOOD PRESSURE - Diastolic




BLOOD PRESSURE - Resting Heart Rate




GRAPHICAL SUMMARY


CARDIOVASCULAR - Max VO2

	Needs Improvement	Healthy Fitness Zone	Exceeds
04/01/08: 43.1			
ml/kg min	< 35	35 - 43	> 43

BODY COMPOSITION

	Excellent	Good	Moderate	Overweight	Obese
04/01/08: 23.7					
% fat	< 17.1	17.1 - 22.0	22.1 - 27.0	27.1 - 32.0	> 32.0

OVERALL FITNESS

	Poor	Fair	Average	Good	Excellent
04/01/08: 64.3					
percent	0 - 20	21 - 40	41 - 60	61 - 80	81 - 100